

## October 2012 eBulletin

### Dear Cancer Voices South Australia (CVSA) members

In this eBulletin we alert you to a variety of activities, articles and publications that may be of interest to you or people affected by cancer. Feel free to forward this on to others.

To print or view this as a PDF document, click [here](http://www.cancervoicessa.org.au/information/newsletters-documents.html) for Cancer Voices SA eBulletins ([www.cancervoicessa.org.au/information/newsletters-documents.html](http://www.cancervoicessa.org.au/information/newsletters-documents.html)).

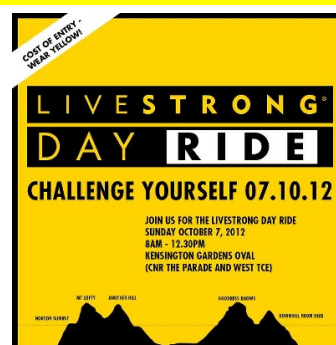
### Upcoming Events:

#### Cycling– LIVESTRONG Day Ride organized by Cancer Voices SA. Sunday 7<sup>th</sup> Oct 2012

Cyclists – participate in the LIVESTRONG Day Ride on Sunday Oct 7<sup>th</sup>, and contemplate the 28 million cancer survivors worldwide.

This event is free, and offers 3 Challenge Ride routes of 20km, 35km or 67kms. For details and to register head to this webpage: <http://www.cvsacyclingteam.org.au/item/320246>

**Hurry** to register.



'Cycling for Cancer Awareness' is one of 4 **commitments to action** made by Cancer Voices SA to the international [Global Cancer Campaign](#) in 2009.

- Cycling for Cancer Awareness
- 'Yarning about Cancer': Cancer Conversations in Aboriginal Communities
- 'Online 2 way mechanism for cancer advocacy and communication'
- Australian 'Cancer patients Charter' in collaboration with Cancer Voices Australia.

### Survivorship Conference 1-3 Feb 2013 at Stamford Grand Hotel, Glenelg



The Flinders Centre for Innovation in Cancer (FCIC) Survivorship Conference will bring together cancer clinicians, researchers, policy advisors and survivors from Australia and the world to share their insights into the most exciting developments in the field of cancer survivorship.

**Find the Conference flyer, program, registration and other details**

at: <http://www.fcic.org.au/survivorship2013/default.aspx>

Survivorship is a new and developing area. Cancer survivors, family and carers – register and get involved in this inaugural event in Adelaide for **the chance to meet, listen and learn from leading national and international experts** in this field. Knowledge is power!

### **Advocacy training.**

**Health Consumers Alliance, 11 or 29<sup>th</sup> Oct, 9.30am-3.00pm**

A one day training course covering advocates roles, opportunities, challenges & benefits; state & federal government health reforms; Health & Community Services Charter of Rights; patient centred care; and more!

Details at <http://www.hcasa.asn.au/events/hca-consumer-advocate-induction-training>

Held at HCA, Level 1, 12 Pirie St, Adelaide. Ph: 08 8231 4169 or [aedwards@hcasa.asn.au](mailto:aedwards@hcasa.asn.au).

**Data Linkage for better information about cancer. Health Consumers Alliance. 22 Nov 2012, 9.30am-1.00pm**

A project has been established to provide a high quality data linkage service to support research, policy development, service planning and evaluation. SA NT DataLink is a joint venture of the South Australian and Northern Territory governments, the University sector and the community. Find out what it is and the potential to get better information about cancer. Details at <http://www.hcasa.asn.au/events/community-conversation-what-is-data-linkage-and-what-does-it-mean-for-me>

### **'Raising a voice'**

**Cancer Voices SA activities**

Cancer Voices SA members have been using their 'cancer experience', participating and sharing information. The diverse skills and expertise of our volunteer members are our strength. Anyone interested to help please contact [info@cancervoicessa.org.au](mailto:info@cancervoicessa.org.au) or ph 83325527.



### **Oncology nurses training**

Dr Agnes Vitry (CVSA Exec Team member) provided an insightful, broad ranging and open discussion of her cancer 'patient's perspective' to oncology post-graduate nursing students on 6 Sept 2012. Agnes (left of photo) here with course coordinator Dr Kate Cameron.



### **Australian Lung Cancer Conference**

Ashleigh Moore (CVSA Executive, shown left) presented '**Living with lung cancer - a personal perspective on the myths, misperceptions and stigma**' at the Australian Lung Cancer Conference in Adelaide on 23 Aug 2012.

Pam Sandys, key Asbestos Victims Association rep and also CVSA Executive Team member, attended the Australian Lung Cancer Conference. The [Asbestos Victims Association](http://www.avasa.asn.au/) (<http://www.avasa.asn.au/>) provides information, support and advocacy. Photo, left to right: Ashleigh Moore, Kat Wake-Burge and Pam Sandys.



### **Australian Radiography Institute Conference**

Ashleigh Moore presented two sessions at the Australian Radiography Institute Conference in Adelaide on 11 Aug 2012. (Photo, left to right: Ashleigh Moore, Eileen Giles, Dr Sue Merchant, Donna Matthews.)

He described to radiotherapists his recent personal experience of travelling to Sydney for 5 weeks for 4D gated stereotactic radiotherapy, and later, to 200

radiologists and radiotherapists, he talked about Cancer Voices and the role of patient advocates in radiotherapy.

While Ashleigh was in Sydney in July having radiotherapy treatment, he gave another talk to Royal North Shore Hospital Radiotherapy staff about his work through Cancer Voices.



### Radiotherapy – facts and future.

On 25 July 2012, Dr Eva Bezak (Chief Medical Physicist at the Royal Adelaide Hospital) and Radiation Oncologist Dr Andrew

Potter provided a fascinating and informative session about radiotherapy. You can listen to Eva's presentation [here](#) (CvsaradiationPresentation.mp3), thanks to Ian Fisk for recording and making this available online.

## Information

New! [Cancer Survival and prevalence in Australia](#) – a report produced by the Australian Institute of Health and Welfare ([www.aihw.gov.au](http://www.aihw.gov.au)). A new statistic: conditional relative survival, illustrates the survival prospects for individuals who have already survived a given number of years after their cancer diagnosis. See the example for lung cancer below.

**Table 4.42: Summary of conditional relative survival from lung cancer, Australia, 2006–2010**

Years already survived	5-year conditional relative survival	
	CS (%)	95% CI
At diagnosis	14.1	13.7–14.5
Already survived 1 year after diagnosis	33.6	31.4–35.8
Already survived 5 years after diagnosis	72.3	70.4–74.2
Already survived 10 years after diagnosis	81.4	79.0–83.7

Note: Additional data are presented in online Table S15.4.

Source: AIHW Australian Cancer Database (2007).

**iHeard** – a website created by Cancer Council Australia to dispel the myths and claims about cancer risks, prevention, screening and treatment. [www.iheard.com.au/](http://www.iheard.com.au/)

New! **Engage** at the new Gastro-Intestinal (GI) Cancer Research website <http://gicancer.org.au/engage/engage-with-people/> **Engage** is a free online information network for GI cancer patients, survivors, carers and family members. Also find 'Recipes to hold back cancer' at <http://gicancer.org.au/engage/recipes/>

## Get Involved

**Take the 2012 Cancer Survivor Survey** 'Finding the holes in Cancer Survivor Care' at <http://www.livestrong.org/cancersurvey/> Ask friends and family to **help us get as many cancer survivors as possible to take the survey**. It is hoped that preliminary Australian results can be presented by **senior LIVESTRONG staff** at the [Cancer Survivorship Conference in Adelaide](#) in February, if enough responses are obtained.

Check out the Cancer Voices [Community NoticeBoard](#) to find out what's new or what's going on at <http://www.cancervoicessa.org.au/awareness/community-noticeboard.html>. The Community NoticeBoard lists lots of events and **opportunities for cancer survivors to**

'give back' and use their cancer experience to help others. We encourage you to participate, in surveys, focus groups, forums etc.

### Cancer News



News! **Breakthrough blood test for bowel cancer.** Researchers working within the Flinders Centre for Innovation in Cancer's ACRF Cancer Prevention Unit have developed a breakthrough blood test to detect colorectal cancer in collaboration with CSIRO and Clinical Genomics Pty Ltd. Trials are underway and the test could be launched commercially as early as next year. (<http://www.fmcfoundation.com.au/news/>) 2 Oct 2012

Keep abreast of the latest cancer news from Cancer Research UK on the Cancer Voices SA website

### National level Cancer Voices Australia



Cancer Voices Australia has regrouped yet remains committed to providing an independent voice for people affected by cancer through a network of state Cancer Voices.

See [www.cancervoicesaustralia.org](http://www.cancervoicesaustralia.org), and follow on  [Facebook](#),  [Twitter](#)

### Find more about Cancer Voices South Australia at [www.cancervoicessa.org.au](http://www.cancervoicessa.org.au)

We welcome your involvement, feedback, any news or items of interest you wish to share.

Contact us at [info@cancervoicessa.org.au](mailto:info@cancervoicessa.org.au)

Follow our activities via  [Facebook](#)  [Twitter](#)  [Youtube](#)  [Flickr](#)

Best wishes from

Ashleigh Moore OAM (Executive) and the [Cancer Voices SA Executive Team](#)